## STATE OF CONNECTICUT OFFICE OF THE CHIEF MEDICAL EXAMINER

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#### **DEATH CERTIFICATION TIPS**

Below are some tips on death certification that I give to physicians to assist them to help keep Connecticut's Vital Statistics records accurate.

- 1. **The Underlying Cause**: Every death certificate needs a cause-specific disease for the underlying cause of death (Table 1). You do not need to fill out all three lines of the death certificate. As long as you list the etiologically-specific disease that started the chain of events that lead to death, you may list it on the first line. The rule is ONE cause of death per person. Please do not list a hodge-podge of diagnoses. Part 2 (other significant conditions) may be used for other conditions that contributed to death. For example, a person with diabetes who dies of a myocardial infarct to atherosclerotic cardiovascular disease: the cause of death may be listed as Atherosclerotic cardiovascular disease and part 2 can include diabetes mellitus. Please remember that the medicolegal standard for the certification of a natural death is a probability, that is, more likely than not. You are never required to be 100% certain about the cause of death. Table 2 shows conditions and disorders that are NOT etiologically specific. These CANNOT STAND BY THEMSELVES on the death certificate.
- 2. **Just Say NO to Injury deaths**: Only a medical examiner can certify a death in which trauma/injury played any recent or remote role. There is no time limit for the cause of death. As long as there is a continuous pathophysiologic connection with the death and underlying cause, it does not matter if the underlying cause started minutes or years before death. Deaths that need a medical examiner to certify include recent or remote complications of <u>any</u> injury including hip fractures, choking on food, or recent or delayed deaths due to drug intoxications. Table 3 lists words that should give you pause. If you see one of these terms, make sure that you are not be dealing with a death from an injury or delayed injury.

#### Example:

A 72 year old woman falls and fractures her hip. She undergoes surgery and postoperatively develops atrial fibrillation and is transferred to the medicine floor. She develops a bronchopneumonia and dies. This death must be reported to the OCME. Her death is likely the result of the hip fracture (an injury) and can only be certified by a medical examiner.

#### Table 1. Examples of ACCEPTABLE causes of death:

Hypertensive Cardiovascular Disease Adenocarcinoma of Lung

Arteriosclerotic Cardiovascular Disease Pneumonia Complicating Viral Influenza

Bronchial Asthma Peptic Ulcer Disease

Pulmonary Emphysema Cirrhosis due to Wilson Disease

Diabetes Mellitus Gallstone Pancreatitis

Alzheimer-Type Dementia Intracerebral hemorrhage due to Hypertensive

Sickle Cell Disease Cardiovascular Disease

# Table 2. Examples of Conditions that are UNACCEPTABLE TO STAND ALONE on a DC. For each of these, you should ask "What was this due to?" until you arrive at the cause-specific underlying disease:

Anemia Compression fracture Myocardial infarction
Anoxic encephalopathy Congestive heart failure Pulmonary arrest
Arrhythmia Convulsions Pulmonary edema
Ascites Decubiti Pulmonary embolism
Aspiration Dehydration Pulmonary insufficiency

Atrial fibrillation Diarrhea Renal failure
Bacteremia End-stage liver disease Respiratory arrest

Biliary obstruction Exsanguination Seizures
Bowel obstruction Failure to thrive Shock
Brain injury Gangrene Starvation

Brain stem herniation Hepatorenal syndrome Subarachnoid hemorrhage

Cardiac arrest Hypovolemic shock Subdural hematoma

Cardiac dysrhythmia Hyponatremia Sudden death

Cardiomyopathy Hypotension Ventricular fibrillation
Cardiopulmonary arrest Immunosuppression Ventricular tachycardia
Cerebral palsy Intracranial hemorrhage Volume depletion

Cirrhosis Malnutrition

Coagulopathy Multi-system organ failure

### Table 3. BE WEARY OF THESE TERMS: they typically are the result of recent or remote trauma/injury:

Exsanguination Poisoning
Anaphylaxis Fall Post-traumatic
Asphyxia Fracture Seizure disorder

Bolus Hip fracture Sepsis

Choking Hyperthermia Subarachnoid hemorrhage

Drug or alcohol overdose Hypothermia Subdural hematoma
Drug abuse Intoxication Thermal/chemical burn

Epidural hematoma Intracranial hemorrhage